

EXTENSION FAMILY AND CONSUMER SCIENCES

Making a Difference for Kansas Families



Our Focus

Family and Consumer Sciences extension programs transform the lives of individuals and families in Kansas by focusing on five essential living skills:

- Healthy Relationships
- Healthy Living Choices
- Financial Well Being
- Strong Leaders
- Strong Communities

Kansas State University . . . Reaching Out to Families

Extension Family and Consumer Sciences connects Kansas State University with communities across the state to identify needs and university resources to meet them. Our research-based educational programs respond to the challenges of communities and the families that live there. Our local educators are helping to create an environment where families have the information, skills, and assets they need to improve their quality of life and contribute to their communities.





Addressing Grand Challenges Facing Kansas

Extension Family and Consumer Sciences is on the cutting edge of important issues facing the people of Kansas. The main challenges for Kansas today include water, health, global food systems, community vitality, and developing tomorrow's leaders. We work to meet these challenges in the following ways:



- Helping communities explore effective responses to issues affecting families such as poverty, childhood obesity, prevention of child abuse, financial security, and aging.
- Serving as catalysts for positive change by providing leadership to ensure that community systems, services, and facilities support the healthy functioning of families.
- Increasing knowledge about health, health care and insurance, and access to safe, nutritious food.
- Improving skills in family communication, parenting, nutritious and safe food selection and preparation, and money management.
- Facilitating community planning, partnerships, and leadership programs.
- Reaching out to diverse families to provide research-based education and resources to help improve quality of life.

Through the efforts of Family and Consumer Sciences educators, we strengthen the community's capacity to meet pressing needs, with the end result being a better quality of life for all Kansas families.

For more information on Family and Consumer Sciences programs, see www.ksre.ksu.edu/fcs.

To learn more about K-State Research and Extension, visit www.ksre.ksu.edu.

Or visit your local extension office:



Kansas State University Agricultural Experiment Station and Cooperative Extension Service
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